

Our Whole Lives:
Sexuality Education for 10-12th graders
Union Congregational Church
2008-2009

Note:

- All dates fall on a Sunday
- SS denotes: during Sunday School
- Each Evening Session will last from 7:30 – 9:00 PM

Opening Session and Parent's Orientation

*September 7th 7:30 pm Parent's Orientation
followed by a brief (30 mins) youth meeting
covering "opening" p.21

THE BASICS: SEXUAL HEALTH

Learning About Our Bodies

September 14th SS Language W1

September 21st 7:30 Anatomy and Physiology, Body Image and Feelings W2 & W3
Did God create us to be sexual human beings

Taking Care of Our Sexual Selves

October 19th SS AIDS and other STDS W6
Is AIDS a plague by God or a human tragedy?

October 26th 7:30 PM Sexual Response Cycle and Sexual Functioning W4
Reproductive and Sexual Health Care W5
*Is caring for our sexual health an important part of being faithful
to God and our community?*

Making Safer Choices

November 9th SS Contraceptives W7
Can Christians use contraceptives?

November 16th SS Condoms and Negotiating for Safer Sex W8 & W10
Is it important to God that we practice "safe sex"?

SEXUALITY AND SPIRITUALITY

Exploring our Sexual Development

November 30th 7:30 PM Gender Roles and Sexual Orientation W11 & W 13
Where does the Bible stand on all of this?

December 7th SS Identity, Roles, and Orientation W12

Becoming a Parent

December 14th 7:30 PM Conception, Pregnancy, and Birth W14 & W16
Does our faith have anything to do with becoming a parent?
Is becoming a parent a call, or does it just happen?

December 21st SS Parenting License W15

Expressions of Sexuality

January 4th 7:30 PM Sexuality Time Line and Sexual Expressions and Relationships
W17, W19, & W20
Can God be present in a sexual relationship?

BUILDING HEALTHY AND GOD-CENTERED SEXUAL RELATIONSHIPS

Communication

January 11th SS Verbal and Non-verbal Communication W21

January 25th 7:30 PM What Makes a Good Relationship? W22
Questions to the Other Gender W23
Can we have healthy relationships without sex? with sex?
Can we be faithful to God in both relationships?
Is God at the center of a healthy relationship?

Intimacy, Lovemaking, and Masturbation

February 8th SS Images of Love and Sex in Music and Video W27

February 15th 7:30 PM Defining Intimacy, Sexual Behavior, W24, W26
Masturbation Myths and Facts W25
Is intimacy a gift from God?
Our sexual urges sinful? or an expression of God?

Recognizing Unhealthy Relationships

February 22nd SS Power and Responsibility in Relationships pick from W28-31

Power and Control

March 1st 7:30 PM Sexual Exploitation, Sexual Harassment and Date Rape W34, W35, W36
Where is God when God's children are sexual exploited?
Is sexual exploitation a sin?

SEXUALITY, SOCIAL ISSUES, AND GOD

Reproductive Rights

March 8th SS Abortion and Reproductive Rights W32 & W33
Where does God stand on the abortion issue?
With the pregnant woman, with the unborn child, or with both?

March 15th

Sexual Exploitation, Sexual Harassment and Date Rape W34, W35, W36

Where is God when God's children are sexual exploited?

Is sexual exploitation a sin?

TBA: There will be a production by Deanna's fund concerning issues around dating violence.